# Subtle REVOLUTION

### Corporate Chair Massage

What people are saying about Corporate Chair Massage...

I greatly enjoyed working with Jonelle and her team! She was extremely professional and made all the clients feel at ease. She was also very prompt in all responses and I knew that I was in good hands!

Liz B.
 MAXPOINT

Jonelle is WONDERFUL to work with and she truly is one of a kind. She is very knowledgeable about body work and listens to her clients so she can really focus on addressing problem areas.

She is great with people and easy to schedule with!

Corrin Kummet
 Premier Health and Wellness



## Subtle REVOLUTION MASSAGE + HEALTH

### **JONELLE**

massage therapist + founder

520-247-6010

jonelle@subtlerev.com www.subtlerev.com Chair Massage is a proven way to keep employees more satisfied, healthier and more focused in the workplace.

Scheduling is easy and with most companies the employee participation rate is well over 90%.

Call or email today to schedule your chair massage event.







BENEFITS OF MASSAGE

## Why Massage?

#### Dealing with a Crisis or "Crunch Time"

Chair Massage can help your team get through a demanding time at work or to reward them for their extra effort. A number of our clients use massage to relieve the stress of restructuring, moving, budget season, or other hectic times of the year.

Others call us in to help keep everyone healthy and on the job when a deadline or product launch is causing stress.

#### Lift Morale

Massage creates a positive workplace culture, and let's employees know you really care about their well-being.

#### **Enhance Employee Hiring and Retention Activities**

No matter what the economy, valuable workers can take their pick of jobs. With the sky-rocketing costs of health insurance, many companies struggle to find benefits to help attract and retain employees. Corporate Massage programs increase job satisfaction and create a caring environment that employees appreciate.

The average event lasts between 2.5 to 6.5 hours and serves up to 35 employees.

Clients benefit most with a minimum of 10 minutes on the chair.